



**NU-AGE**



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## **Mediterranean Diet (MedDiet) to combat ageing in European Countries**

**The EU-Funded Project NU-AGE Final Conference  
5 April 2016 in Brussels from 9 am to 6 pm**

[www.nu-age.eu](http://www.nu-age.eu)

**It is estimated that until 2030, 25 to 40% of the European population will be over 65 years old.** This high percentage of elderly compels policy makers and scientists to develop strategies to cope with this shift in the demography of the European society and its consequences. NU-AGE aims to **improve health and quality of life of the ageing population** by counteracting inflammaging using a whole diet approach.

The NU-AGE Final Conference offers an opportunity to **better understand the nutritional needs** for an improved quality of life in the over 65 years-EU population. In particular, the conference will give information on the main cellular and molecular pathways that can modulate the body response to nutrition and present **new functional food prototypes and elderly-tailored foods**, developed within NU-AGE, that will increase the competitiveness of the EU food industry.

Results of the project will be presented on 5 April 2016 at the Royal Flemish Academy of Belgium for Science and the Arts (KVAB) "Auditorium Albert II" (Hertogsstraat 1, Brussels).

#### **No registration fee!**

Spaces are limited - register now to guarantee a free space, [here](#).



Coffee breaks and light buffet will be offered.

#### **Who should attend**

Scientists, food technologists, industry and SMEs who are interested in the latest scientific results from the NU-AGE project.

We are looking forward to seeing you!

*Claudio Franceschi and the NU-AGE Team*



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